

Health Career Observer



The Official Newsletter of the WNY R-AHEC

October 2023

Nursing



"The most rewarding part is making a difference. Nurses directly impact the lives of patients everyday."

-Deborah C. Stamps

Average Annual Pay:

CNA: \$35,740, **LPN/LVN:** \$54,620 **RN:** \$81,220 **APRN:** \$125,900

How Do I Become Nurse

PROJECTED JOB

MARKET GROWTH:

CNA: 4% **RN: 6%**
LPN: 6% **APRN: 38%**

There are many different avenues a student can pursue to become a nurse.

- **CNA** needs a High School diploma/GED and completion of a state approved CNA program typically 3-8 weeks. Often need a state issued license or certification.
- **LPN's** need a state-approved Practical Nursing program which typically takes 1 year and must pass exam to be licensed.
- **RN's** can choose one of 2 pathways in NYS - a bachelor's degree in nursing or an associate degree in nursing and then complete bachelor's within 10 years. Other states may offer a Nursing diploma program. Registered nurses must be licensed.
- **APRN** must earn at least a master's degree in one of the APRN roles. They must also be licensed in their state and pass a national certification exam.

What Does a Nurse Do?



Coordinate patient care and may provide primary and specialty healthcare.



Registered nurses work in hospitals, physicians' offices, home healthcare services, and nursing care facilities.



Nursing assistants provide basic care and help patients with activities of daily living.



Promote health, prevent disease and help patients cope with illness.



Develop and manage nursing care plans and instruct patients and their families in proper care.



Advocate for their patients and patients' families.



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<https://www.r-ahec.org/>

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A Professional Account

Deborah C. Stamps EdD, MBA, MS, RN, GNP, NE-BC, CDE[®], FAAN, is founder and chief executive officer for Deborah Stamps Consulting, LLC. She has held roles as a Home Health Aide, LPN, RN, Chief Nursing Officer, Vice President of Quality, Patient Safety and Innovation. She is founding President of the Rochester General College of Health Careers and the inaugural Chief Diversity Officer at Rochester Regional Health.

What is the most rewarding part of your job?

"Making a Difference. Nurses directly impact the lives of patients every day. Their care, support, and dedication can often make a significant difference in patients' outcomes and overall experiences. My most significant contribution is the facilitation of health equity and diversity in nursing. I created my professional academic workforce (PAW) model to advance educational and economic mobility of underrepresented minorities in nursing, leading to replication in Ohio. This outcome was achieved through my ability to establish partnerships between healthcare, community, and academic organizations. As an executive nurse leader and Chief Diversity, Equity and Inclusion (DEI) Officer, I initiated and led collaborations with community leaders in one of the nation's poorest metro cities (4th of 75) to develop and implement the PAW model."

What is the most challenging?

"Transitioning to Practice. The first year as a new nurse can be overwhelming. The real-world setting can be very different from clinical rotations, and new nurses often face a steep learning curve. Another challenge is, advancing health equity for underserved communities, establishing a diverse nursing workforce, and creating DEIB awareness. There are benefits to a more diverse nursing workforce, the impact on the social determinants of health leading to health equity and the elimination of healthcare disparities."

What do you wish you knew back in school that you know now?

"I have learned over the years the importance of taking advantage of opportunities. It does open doors and can make an impact in many ways. When someone asks you to be on a committee, participate in a volunteer opportunity, recruits you to a new job - do it. Many times individuals see things in us we don't see in ourselves and always remember to pull someone up as you advance your career. Seek a mentor and be a mentor."

Anything else you want to share?

"Medicine and healthcare practices evolve. Nurses need to keep up with continuing education and sometimes re-certification, which requires time and effort."

I have been selected to be a 2023 Fellow in the American Academy of Nursing. In September 2023 I received the Driscoll Award from the Center for Nursing in New York, Inc. In November 2022, Dr. I was profiled and selected on the basis of current reference value. Factors such as position, noteworthy accomplishments, visibility, and prominence in a field are considered during selection. In 2021, I was named among 50 of the nation's most influential diversity leaders, receiving the prestigious Leadership Excellence Award at the 2021 National Diversity and Leadership Conference. As a speaker and trainer, I use my expertise and influence to deliver engaging training to teams and individuals."

I am the co-lead for the NYS Action Coalition and chairs the Diversity, Equity and Inclusion committee. I am a member of the AARP's Historically Black College and University's Learning Collaborative for Diversifying the Nursing Workforce. A life member of the National Council of Negro Women, the National Black Nurses Association, and Chi Eta Phi Sorority, Inc. I have published in peer-reviewed journals on the innovative, collaborative nurse leadership model, the Chief Nursing Officer Council and Diversity, Equity and Inclusion, workforce development and academic clinical practice partnerships. I earned an associate degree in nursing from Monroe Community College, bachelor's degree in nursing from SUNY College at Brockport, master's degree in the Gerontological Nursing Practitioner program at Nazareth College, a master's degree in business administration from Rochester Institute of Technology, and an education doctorate in executive leadership from St. John Fisher College. I am nationally certified as a Nurse Executive by the American Nurses Credentialing Center and recently achieved the credentials of Certified Diversity Executive (CDE[®]) through the Institute for Diversity System at the Society for Diversity. Dr. Stamps became an independent certified coach, teacher, and speaker with the John Maxwell Team."



Click on the image for information on Nursing

<https://www.youtube.com/watch?v=1q8tiQoq0tk>



Scan Me



Click on the image for a professional account from a Registered Nurse

<https://www.youtube.com/watch?v=GqkPL8skO7U>



Scan Me



For more information visit the U.S. Bureau of Labor Statistics

<https://www.bls.gov/ooh/healthcare/nursing-assistants.htm> | <https://www.bls.gov/ooh/healthcare/licensed-practical-and-licensed-vocational-nurses.htm>
<https://www.bls.gov/ooh/healthcare/registered-nurses.htm> | <https://www.bls.gov/ooh/healthcare/nurse-anesthetists-nurse-midwives-and-nurse-practitioners.htm>

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Student Mental Health Toolkit

<https://www.governor.ny.gov/news/governor-hochul-announces-multi-agency-collaboration-raise-school-age-youth-mental-health>

DAEMEN UNIVERSITY



COLLEGE OF HEALTH PROFESSIONS NURSING, B.S. (1+2+1 PROGRAM)

Western New York's Premier
Health Sciences Educator



CAREER OPTIONS

Our graduates work with patients and populations in a variety of settings, including:

- Hospitals
- Physician offices
- Home health care services
- Nursing care facilities
- Outpatient clinics and schools

Taking care of your education

This Daemen nursing program offers you the opportunity to become part of the growing nursing profession by earning both an associate's and bachelor's degree in only four years. Our unique program allows students to complete their first year at Daemen, earn their A.A.S. in nursing at an area partner community college, and then sit for their RN licensure exam before completing their final year at Daemen to graduate with a B.S. degree.

DEGREE

- Nursing, B.S. (1+2+1 Program)

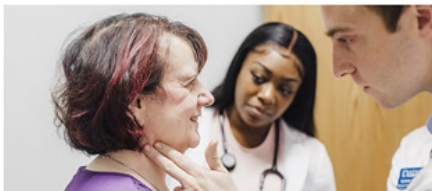


The U.S. will need an additional
203,200
registered nurses each year
from now through 2031

*From the U.S. Bureau of Labor Statistics



Daemen's Center for Interprofessional Learning and Simulation (CILS) provides students experiential learning opportunities to promote best practice and collaboration. This leads to improved health and well-being outcomes for individuals, organizations, and communities!



daemen.edu/nursingnbs

DAEMEN UNIVERSITY

STUDY AT DAEMEN

- Daemen nursing students pay community college tuition in their second and third year and are given a 50 percent tuition discount when they return to Daemen for their final year of the program.
- Students have the advantage of working as a registered nurse after their third year.
- Flexible scheduling and a choice of online or hybrid courses support the needs of the working RN during the fourth year while taking courses to complete a B.S. degree.
- Curriculum combines the direct care clinical strengths of the associate degree programs with the strengths of the baccalaureate program, which promotes critical thinking, leadership skills, evidence-based practice, quality care, population health, and professional development.

Daemen's 1+2+1 curriculum prepares nurses to enter the competitive job market with the most desirable academic clinical preparation – a B.S. degree. Research shows that B.S. prepared nurses have improved outcomes in patient care.



Registered by the New York State
Education Department

Contact Daemen Today to Schedule a Visit!

We are happy to answer your questions and discuss the program with you.

OFFICE OF ADMISSIONS

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- ✉ admissions@daemen.edu
- ☎ 716-271-0454
- 🌐 daemen.edu/nursingnbs
- 📍 4380 Main Street, Amherst NY 14226



Daemen's nursing programs are accredited by the Accreditation Commission for Education in Nursing (ACEN), 3390 Peachtree Road NE, Suite 1400, Atlanta, GA 30335, Phone: 404.975.5000, Fax: 404.975.5020, www.acenursing.org



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Please use QR code for more information on Daemen University Nursing Program

Please use QR code for the Health Careers Resource Guide

